

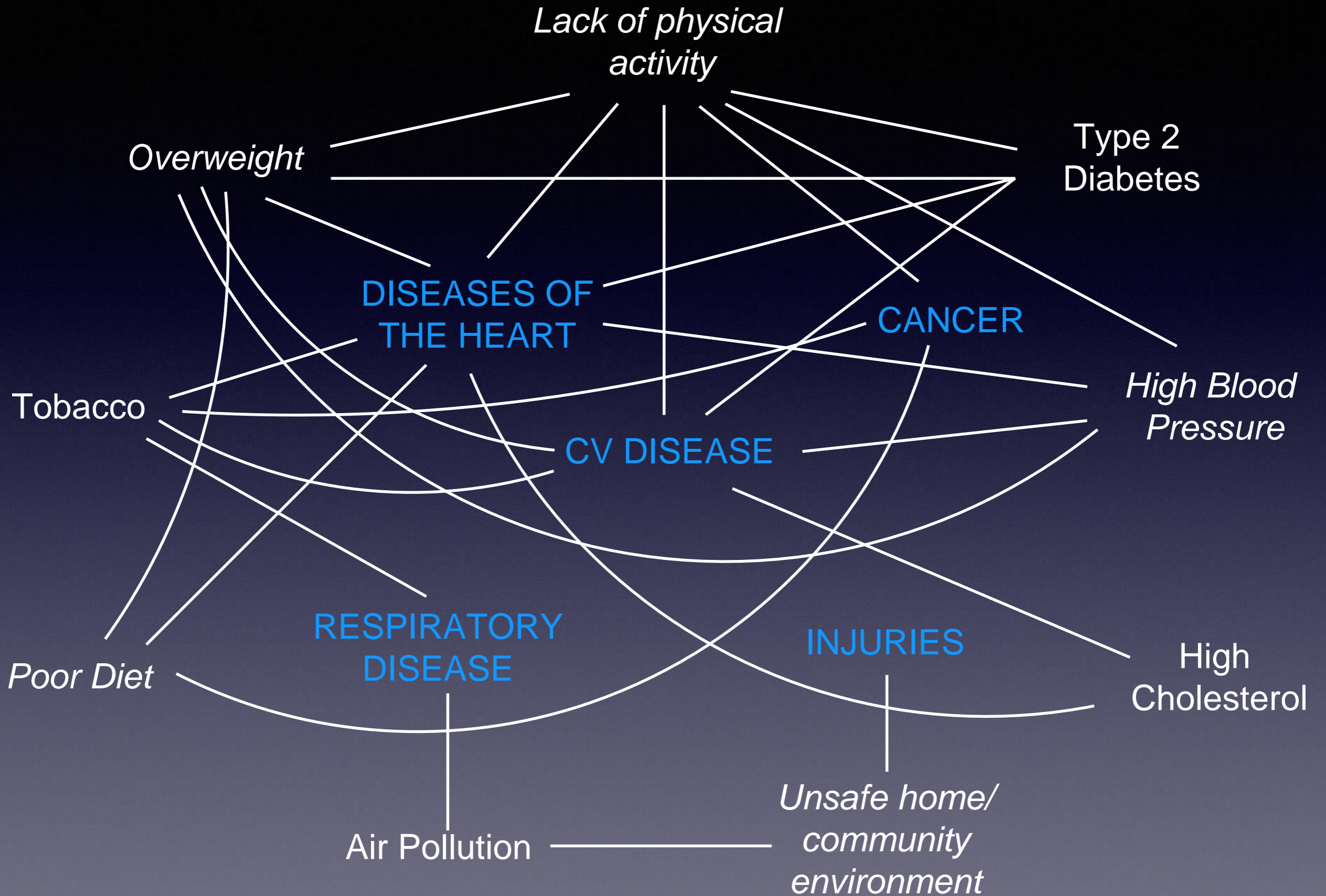
Transforming Health

Top 5 Causes of Death in 2010 (Preventable Deaths)

Represents 895,317 deaths or 66% of all deaths in persons < 80 years of age:

- Diseases of the Heart (91,757)
- Cancer (84,443)
- Chronic lower respiratory disease (28,831)
- Cerebrovascular disease/stroke (16,973)
- Unintentional injuries (36,836)

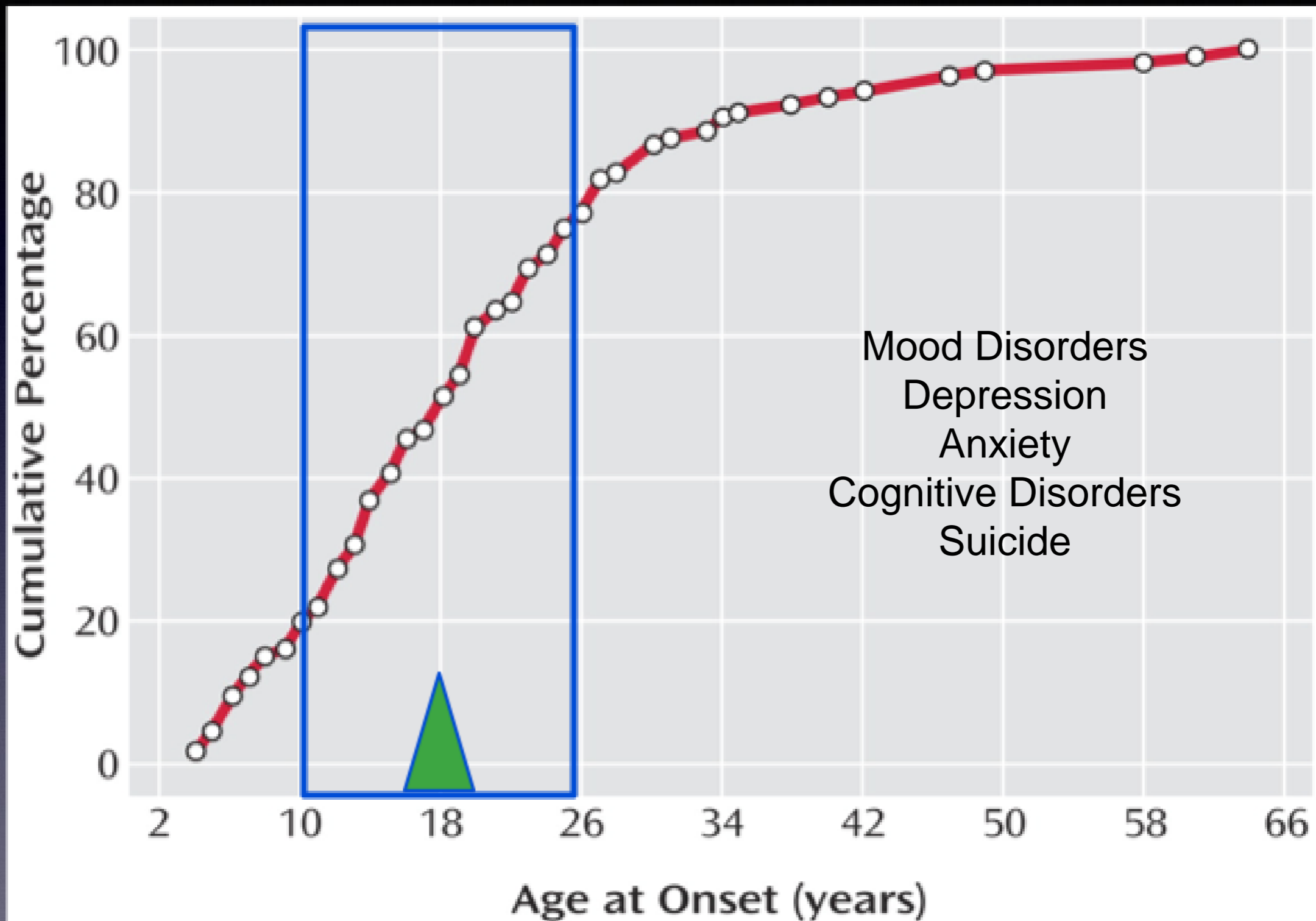
Modifiable Risk Factors



Chronic Disease is Biggest Cost Driver

- 10% of people with chronic disease account for 75% of nation's health care spending
- ALL of the increase in Medicare spending over the past 15 years is due to people with multiple, chronic conditions
- Chronically ill people will double by 2020

Trajectory of Mental Health Disorders



70% of mental disorders are diagnosed before 25 yrs of age

Affordable Care Act

The Here and Now

- Insurance market reforms including guaranteed issue
- Individual mandate to counteract adverse selection
- Subsidies subject to mandate who otherwise cannot afford insurance

Affordable Care Act

The Vision

- Equitable access to a minimum standard of health care coverage
- Reform of payment methods to reward health value (outcomes) over health care volume (productivity)
- *Investment of resources to address upstream social and environmental determinants of health*

Health Transformation

- Yesterday
 - saving lives through acute care, emergency and rescue care, public health safety
- Today
 - prolonging life, decreasing disability through chronic disease management and secondary prevention
- Tomorrow
 - optimizing health and well being through primary prevention, health promotion, and community integrated delivery systems

Healthy Columbia Willamette

- Fifteen hospitals
- Four local health departments
- Two coordinated care organizations (CCO)

“Align hospitals, CCOs, public health and residents of communities to...eliminate duplicative efforts, prioritize community health needs...facilitate joint efforts...and improve the health of the community.”



Healthy Columbia Willamette

Health Focus Areas

- Access to Affordable Healthcare
- Chronic Disease Related to Healthy Eating and Physical Activity
- Mental Health
- Substance Abuse



Health Transformation

