



**Health:
It grows on
trees!**



"A Forest Grows Here" I-205 Project





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imagine,
one percent of transportation dollars for trees

1%

- ✓ **HUMAN HEALTH**
• asthma rates and other deadly respiratory illnesses are implicitly linked to the american system of highways
- ✓ **SOCIAL JUSTICE**
• areas adjacent to highways house large percentages of low-income families, disproportionately subjecting them to harmful air
- ✓ **AIR QUALITY**
• trees provide clean air
- ✓ **CARBON OFF-SET**
• trees sequester carbon
- ✓ **TRAFFIC CALMING**
• trees reduce stress, traffic speeds





Plant it Portland
campaign

HEALTH. IT GROWS ON TREES!

TREES CLEAN OUR WATER, SOIL, AND AIR.
AND DIRTY WATER, SOIL, AND AIR COST US
A LOT MORE THAN MONEY.



Illustration by
amy ruppel

LEARN MORE AT FRIENDSOFTREES.ORG



School plantings





Neighborhood Tree plantings





Bike & Greenway plantings





Events & Partner Plantings



And, in the future...

- Trees Forever grant funding
- Events with partners
 - Legacy
 - Lewis and Clark College
 - Intertwine
- Linking plantings to nature-health events
- Eugene focus

Contact us to learn more – 503.282.8846 or friendsoftrees.org